

Local Enhanced Service Specification:

Dementia Service

Service Specification No.	
Service	Dementia annual review
Commissioner Lead	Lancashire and South Cumbria ICB
Provider Lead	GP Practices in Lancashire and South Cumbria
Period	1 st May 2025 – 31 st March 2026
Date of Review	To be reviewed annually

1. Population Needs and Background

NHS Lancashire and South Cumbria ICB covers 196 GP Practices and has a total registered population of 1,853,016 (as of Jan 2024) patients.

The scope of this specification will cover all the 196 practices and registered patients, along with temporary residents (where appropriate) that live within the geographical area of Lancashire and South Cumbria.

The ambition of the commissioner is to secure the highest quality and most responsive services for local people that are clinically effective and safe but also importantly are consistent and equitable to the population that we serve

Key Facts for England

In 2024 there are 495,488 patients with a diagnosis of dementia, of which 65.5% of patients are aged 65 or over.

The population of Lancashire and South Cumbria ICB has a higher-than-average number of people aged 65 and over and significant populations living with and caring for people with dementia.

2. Scope & Service Standards

2.1 Aim

To deliver a universal offer to patients in Lancashire and South Cumbria, setting out the services that General Practice are expected to deliver to their registered and temporary registered patients (where appropriate).

The main aims of the service are as follows:

- The practice to hold a register of patients with a diagnosis of dementia
- To deliver an annual holistic review of people with dementia
- To provide a medication review, to encompass a review of dementia specific medications in line with current guidelines as well as a general medication or structured medication review as necessary

2.1.1 Requirements

Providers of the service will be required to:

- Ensure that all patients with dementia are offered an annual face to face review
- Ensure all patients with dementia on medication for the condition have an annual medication review
- Ensure the practice has staff adequately trained to support patients with dementia and undertake the annual review and medication review
- Enhance physical health care and health promotion advice for all people with dementia, identifying and addressing unmet needs where possible
- Ensure carers of people living with dementia are supported and referred to the appropriate carers services when required

2.2 Service Description/Care Pathway

People living with dementia will receive an annual review which includes:

- Assessment of current cognition, behaviour, risk and social circumstances
- Physical health check as deemed appropriate
- Care planning (developed and agreed with the patient and their carer)
- Annual Bloods, where needed
- Medication review
- Advance Care Planning (ACP) when required, using the agreed EPACCS template
- Carers review where needed

Consideration should be given to unmet need and onwards referral to carer support and other local community and VCFSE organisations where appropriate.

For patients recently discharged from the memory assessment service, their first annual review should ideally be held within six months of their discharge.

2.3 Population covered

NHS Lancashire and South Cumbria ICB covers 196 GP Practices and has a total registered population of 1,853,016 (as of Jan 2024) patients.

The scope of this specification will cover all 196 practices and registered patients, along with temporary residents (where appropriate) that live within the geographical area of Lancashire and South Cumbria.

2.4 Any acceptance and exclusion criteria and thresholds

Exclusion criteria

- Patients under active secondary care monitoring or who are not stable on medication

2.5 Interdependence with other services/providers

- Mental health trust
- VCFSE

2.6 Applicable national standards (e.g. NICE)

- NICE NG 97 (2018) Dementia: assessment, management and support for

people living with dementia and their carers

- NICE QS 184 Dementia

2.7 Applicable standards set out in Guidance and/or issued by a competent body (e.g. Royal Colleges)

All providers must meet CQC standards

2.8 Applicable local standards

The Provider shall:

- Maintain adequate records of the performance and results of the service provided.
- Maintain full records of all dementia reviews

3. Applicable quality requirements and CQUIN goals

3.1 Applicable Quality Requirements

None specific to this specification.

4. Location of Provider Premises

Service delivery must be from the premises identified within the providers NHS Contract or where the service has been sub-contracted, the premises must be in suitable premises for delivery of the services set out in the specification.

5. Finance

Practices will be paid £34.20 per review carried out on the requirements set out above in the specification.

The provider will need to submit monthly claims stating the number of reviews carried out under this specification.

6. Contract and Monitoring Arrangements

Providers should ensure that the data collected should include:

1. The practice to hold a register of patients with a diagnosis of dementia
2. To deliver an annual holistic review of people with dementia - this should be offered face to face and include all the components set out above
3. To provide a medication review, to encompass a review of dementia specific medications in line with current guidelines as well as a general medication or structured medication review as necessary
4. Enhance physical health care and health promotion advice for all people with dementia, identifying and addressing unmet needs where possible
5. Ensure carers of people living with dementia are supported and referred to the appropriate carers services when required

Reviews should be recorded using the appropriate SNOMED codes and an appropriate Data Quality Template will be supplied by the commissioner to support automated extraction, where possible.

All details regarding data quality and submission of data can be found in the supporting Technical Guidance Document.