

Covid guidance for staff

Testing Guidance for NHS Staff with respiratory Symptoms:

- Routine testing is no longer universally required for all symptomatic NHS staff.
- Staff working with immunocompromised patients (e.g. in Haematology, Oncology, Transplant, Chemotherapy, Renal) should stay home and take a lateral flow test if symptomatic. If positive, they must self-isolate for at least 5 days and return to work only after a negative lateral flow test and when well enough. [COVID-19 symptoms and what to do - NHS](#)
- Staff outside these high-risk areas are advised to stay home until well enough to return, but do not need to test unless they choose to.
- If staff do test and it's positive, they should follow the same 5-day isolation guidance as above.
- Bear in mind there is no self-test for Influenza (flu), so even if the test is negative for Covid, you may still have flu which you could transmit to others.