

Staff Uniform: [Uniform guidance](#)

The Health and Social Care Act 2008: code of practice on the prevention and control of infections and related guidance recommends that clothing/uniform and workwear policies ensure that clothing worn by staff when carrying out their duties should be clean and fit for purpose:

- **Always: Change in and out of uniform at work or completely cover uniform when travelling to and from work.**
- **Wear a clean uniform at the start of each shift and have enough uniforms to facilitate this.**
- **Use personal protective equipment (PPE), e.g. disposable apron, to prevent contamination of uniform and workwear**
- **Uniforms and workwear should be: Clean, fit for purpose and support good hand hygiene.**
- **Changed immediately if visibly soiled or contaminated.**
- **Laundered on a cycle of ten minutes at 60°C, which removes almost all microorganisms, or at the highest temperature that the fabric will tolerate. (Tumble drying or ironing will further reduce the small number of microorganisms present after washing).**
- **Footwear must be well maintained, visibly clean, non-slip and support and cover the entire foot to avoid contamination with blood or body fluids or potential injury from sharps.**